



[www.sussexca.org.uk](http://www.sussexca.org.uk)

# Sussex Cyclists' Association



2019 PRESIDENT – Mike Watson – Angmering CC

**Open Hill Climb Saturday 28<sup>th</sup> September 2019**  
Course GH/92

*Incorporating Sussex Individual, Veterans and Team Championships*

**Event Secretary:** Chris Putnam      5 Wentworth Close, Salvington, West Sussex BN13 2LQ  
Email: [chris.putnam@btinternet.com](mailto:chris.putnam@btinternet.com)  
Tel: 01903 830692 (or 07720 974025 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## HQ

### Beeding & Bramber Village Hall

High Street,  
Upper Beeding  
Steyning  
West Sussex

Postcode BN44 3WN

Open from 09:00



Limited parking is available at the Sports Centre opposite. Otherwise park with consideration on the local roads.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 1.1 miles

Finish to HQ: 2.1 miles

Route to start: Left out of the headquarters and continue along High Street to the roundabout, then third exit into Clays Hill. Continue on Clays Hill for 0.4 mile and turn left into Bostal Road.

## OFFICIAL TIME KEEPERS

Start: Tony Palmer  
Finish: Mick Irons

Worthing Excelsior CC  
Worthing Excelsior CC

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### Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

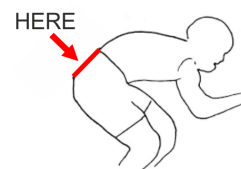
**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



### PRIZE AWARDS

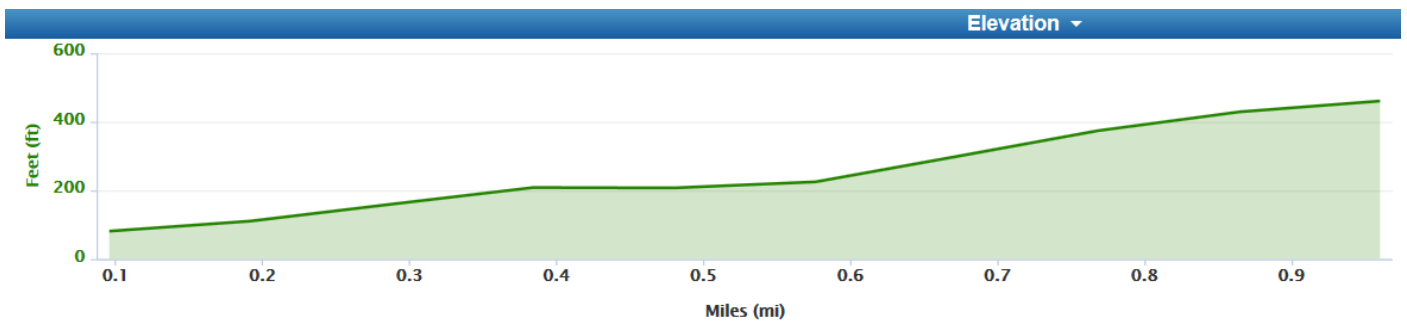
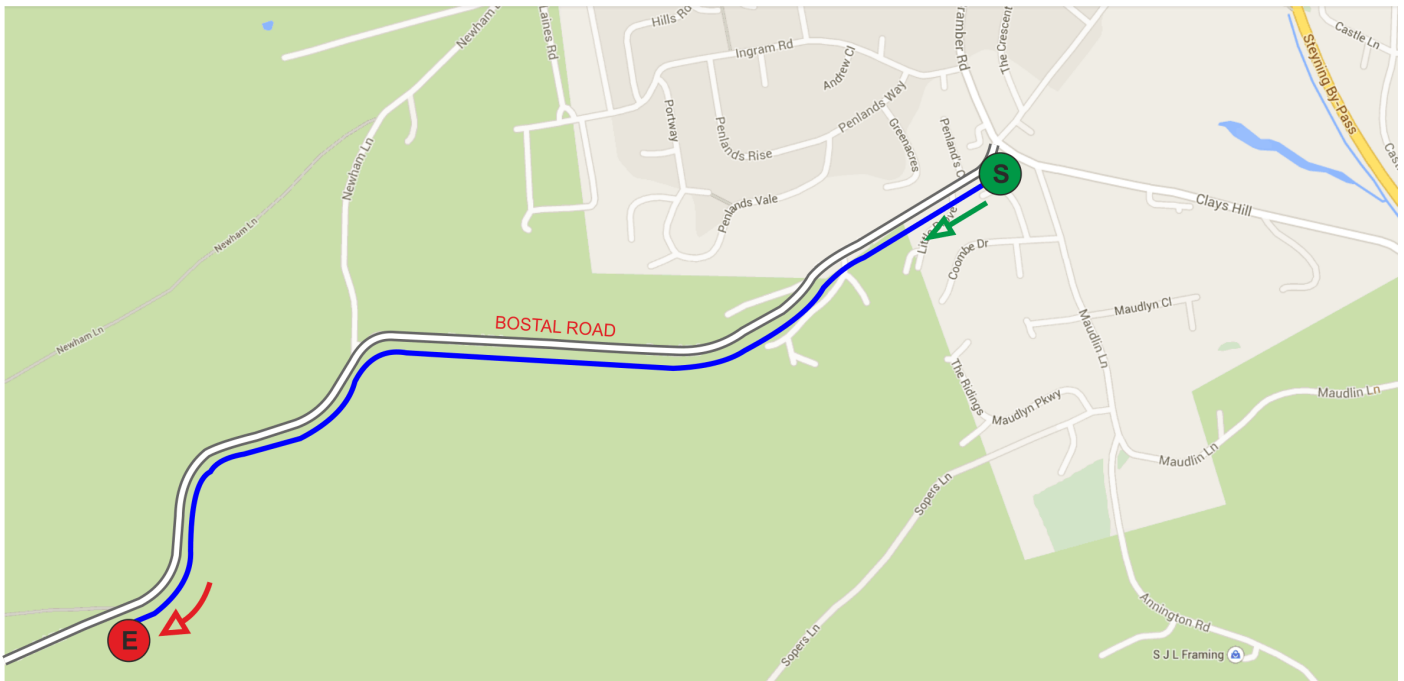
<b>Fastest Overall</b>	1st	£20
	2nd	£15
<b>Highest plus on CTT Target Times</b>	1st	£10
<b>Fastest Lady</b>	1st	£20
<b>Fastest Junior/Juvenile</b>	1st	£10
<b>Fastest Team of Three</b>	1st	£8 each

### SUSSEX CHAMPIONSHIP AWARDS

<b>Fastest Overall</b>	1 <sup>st</sup>	Alf Dawes Cup & Medal
<b>Highest plus on CTT Target Times</b>	1 <sup>st</sup>	Medal
<b>Fastest Lady</b>	1 <sup>st</sup>	Medal
<b>Fastest Junior</b>	1 <sup>st</sup>	Medal
<b>Fastest Juvenile</b>	1 <sup>st</sup>	Medal
<b>Fastest Team of Three</b>	1 <sup>st</sup>	Medal

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OS REF	COURSE DIRECTIONS - GH/92	YARDS
TQ178106	START in Bostal Road, Steyning, 42 yards west of junction with road leading from Bramber Castle RBT (roundabout) at chipped kerbstone 7 yards west of "Single Road with Passing Places" sign	0
TQ166100	Proceed up Bostal Road, past junction with Newham Lane, to FINISH at top of hill opposite South Downs Way wooden "Footpath" sign and 34 yards past "Steep Hill" sign for descending traffic	1704

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Rider No	Start Time	Name	Club	SCA Affiliated	Cat/ Age	CTT Tgt Time
1	10:01	Robin Johnson	Brighton Mitre CC	(SCA)	V71	6:16
2	10:02	Michael Set	Canterbury Bicycle Club		V54	5:32
3	10:03	Andy Seltzer	In-Gear		V54	5:32
4	10:04	John Marinko	Brighton Mitre CC	(SCA)	V54	5:32
5	10:05	Norman Blissett	trainSharp	(SCA)	V52	5:28
6	10:06	Eli Tucker	i-Team Cyclists Club		J16	
7	10:07	Alice Gilmore	Brighton Mitre CC	(SCA)	WJ16	
8	10:08	Edward Tuckley	Lewes Wanderers CC	(SCA)	S31	
9	10:09	John McGrath	Worthing Excelsior CC	(SCA)	V56	5:37
10	10:10	Paul Newsome	Project 51		S32	
11	10:11	Tom Houghton	Brighton Excelsior CC	(SCA)	V47	5:16
12	10:12	Nik Allen	Worthing Excelsior CC	(SCA)	V48	5:18
13	10:13	James Gilmore	Brighton Mitre CC	(SCA)	J16	
14	10:14	Francis Schofield	Brighton Mitre CC	(SCA)	J17	
15	10:15	Richard Cartland	South Downs Bikes / Casco Pet	(SCA)	V41	5:02

## Recent Previous Winners

### CHAMPIONSHIP HILL CLIMB

#### OVERALL

2018 Richard Cartland (South Downs Bikes)  
 2017 Nick Martin (East Grinstead)  
 2016 Gareth Thyer (Brighton Mitre)  
 2015 Pete Tadros (In-Gear QVTS)  
 2014 Steve Kane (Brighton Excelsior)  
 2013 Pete Tadros (In-Gear QVTS)  
 2012 Pete Tadros (In-Gear QVTS)  
 2011 Pete Tadros (In-Gear QVTS)  
 2010 Pete Tadros (In-Gear QVTS)  
 2009 Pete Tadros (In-Gear QVTS)  
 2008 Adrian Rodgers (Worthing Excelsior)  
 2007 Pete Tadros (In-Gear QVTS)  
 2006 Adrian Rodgers (Worthing Excelsior)  
 2005 Tony Reeves (GS Stella) AND

#### VETERANS

Richard Cartland (South Downs Bikes)  
 Norman Blisset (In-Gear QVTS)  
 John McGrath (Worthing Excelsior)  
 Pete Tadros (In-Gear QVTS)  
 Mike O'Gorman (Worthing Excelsior)  
 Pete Tadros (In-Gear QVTS)  
 Pete Tadros (In-Gear QVTS)  
 Pete Tadros (In-Gear QVTS)  
 Pete Tadros (In-Gear QVTS)  
 Michael Coyle (Brighton Mitre)  
 Paul Outhwaite (Worthing Excelsior)  
 Paul Outhwaite (Worthing Excelsior)  
 Geoff Smith (Eastbourne Rovers)  
 Steve Dennis (East Grinstead)  
 Chris Putman (TM Racing)

#### WOMENS

Gemma Hobson (Sussex Nomads)  
 Gemma Hobson (Sussex Nomads)  
 Tamar Vanderhaas (Lewes Wanderers)  
 Tamar Vanderhaas (Lewes Wanderers)  
 Tamar Vanderhaas (Lewes Wanderers)  
 Tamar Vanderhaas (Brighton Mitre)  
 Tamar Vanderhaas (Brighton Mitre)  
 Natasha Fuller (Lewes Wanderers)  
 Kaye Dwyer (Lewes Wanderers)  
 Tamar Vanderhaas (Brighton Mitre)  
*(not contested)*  
 Katherine Mason (Sussex Nomads)  
 Karen Wigmore (Amphibians 2 Tri)  
 Vanessa Styles (VC Etoile)

### CHAMPIONSHIP HILL CLIMB

#### TEAM

2018 Worthing Excelsior  
 2017 Worthing Excelsior  
 2016 Worthing Excelsior  
 2015 East Grinstead  
 2014 Worthing Excelsior  
 2013 In-Gear Quickvit Trainsharp  
 2012 Lewes Wanderers  
 2011 Worthing Excelsior  
 2010 Brighton Mitre  
 2009 Worthing Excelsior  
 2008 Worthing Excelsior  
 2007 Lewes Wanderers  
 2006 East Grinstead  
 2005 Lewes Wanderers

#### JUNIORS

Francis Schofield (Preston Park Youth)  
*(not contested)*  
 Nick Martin (East Grinstead)  
 Nick Martin (East Grinstead)  
*(not contested)*  
 Zak Corum-Haines (Brighton Excelsior)  
 Dan Gardner (Lewes Wanderers)  
 Dan Gardner (Lewes Wanderers)  
 Lewis Norris (Worthing Excelsior)  
 Edward Klose (Worthing Excelsior)  
 Edward Klose (Worthing Excelsior)  
 James McCarron (In-Gear Dev Squad)  
*(not contested)*  
 Adam Barlow (Amphibians 2 Tri)

Previous winners of other SCA Championship events can be found [here](#)